

A pair of hands is shown from the wrist up, with fingers curled to form a heart shape. The hands are positioned in the center of the frame. The background is a soft, out-of-focus bokeh of light and dark spots, creating a dreamy atmosphere. Overlaid on the hands is a simple white outline of a heart. The text "LOVE ONE ANOTHER" is written in a bold, white, sans-serif font, centered over the hands and the heart outline.

**LOVE ONE  
ANOTHER**

# The Discipline of Neighbouring



This summer, let's grow in how we Love One Another. There are fifty-nine "one another" statements of love in the New Testament. Practicing them is something often called, The Discipline of Neighbouring.

- ☐ Introduce yourself. Pray for an encouraging word. Share.

---
- ☐ Intentionally honour someone in your family of origin.

---
- ☐ Who have you been judgemental toward? Repent. Forgive.

---
- ☐ Pray for an opportunity to share God's Word with someone.

---
- ☐ Introduce yourself. Ask, how can we be more accepting of others?

---
- ☐ Call/text a family member to remind them how you love them.

---
- ☐ Show love in action toward someone who doesn't deserve it.

---
- ☐ Find someone & ask if they have a prayer request. Then pray.

---
- ☐ Ask the Lord to bring to your mind someone you need to forgive.

---
- ☐ Ask the Holy Spirit if there has been rebellion in your heart.

---
- ☐ Invite someone to church with you this week!

---