



DIVINE DIRECTION SERIES // Week Seven: Trust

OPEN

Have a group member read John 20:25-29. Next have someone review the heart of the talk, in their own words, in under three minutes.

REFLECT

- On Sunday we shared this quote, “Jesus is opposed to **earning**, but not **effort**. A defining moment in your faith is when you embrace how following Jesus isn’t **trying harder** to please Him, but **trusting deep enough** to obey Him.” How do you balance the earning vs. effort approach when it comes to following Jesus.
- If you were to define faith, how would you define it? What about doubt? How would you define doubt.
- Read James 1:6. The ESV Study Bible explains doubts this way: “A settled trust and confidence in God, based on his character and promises as revealed in Scripture (cf. Heb. 11:1). doubting. Vacillating between trusting God and trusting the world or one’s own natural abilities. This makes a person like a wave of the sea, a picture of instability and uncertainty.”
- Why do you think it is so important we define doubt properly in our church? If improper we can create a culture of perfectionism or a natural vs. a supernatural culture.
- How did Jesus engage Thomas and his doubt? What can we learn from Jesus?
- Read 1 Peter 1:8. How do you deal with doubt in your life. How can it be a stepping stone rather than a stumbling block in following Jesus?

GROWTH STEP

This week believe God even if life isn’t going according as planned. Trust Him despite circumstances.

RELATIONSHIP OR FAMILY DISCIPLESHIP

Create a space where you can be honest. Share any doubts you might be wrestling with in your life.

CLOSE

Invite Jesus into the heart of doubt. Pray for Him to bring peace, just like He did for Thomas. Declare Matthew 28:20 over one another - reminding one another, even in doubt, you are never alone.